



2019 - PORTUGAL

# **LEO EUROPA FORUM 2019**

## **NEWCOMERS INFORMATION**





*Ahoy LEFer!*

Is this your first time attending Leo Europa Forum? Are you a little bit lost with all the information, specific vocabulary and events? Do you want to know more? Don't worry! On this document, you can find all the information you need to enjoy your time in Portugal!

## LID

LID means Leo Information Desk. This is where you will proceed to check-in when you arrive at the Hotel, on the 3rd of August.

If you have any question or doubt during your stay, you can come here and find a member of the orgateam to help you. In case you don't find anyone at the LID, you can contact the orgateam through the phone number you will have on your identification badge.

## LEF KIT

After your check-in at the LID, you will receive a bag with the LEF kit. This kit contains some gifts from Portugal, but also important information and other useful things that you can use during LEF.

## ILO

ILO means International Liaison Officer and each country has one. They represent their countries in the ILO Council and are responsible for keeping in contact and sharing information about Leo events among countries. During LEF they have ILO Meetings in order to share information and discuss important topics in order to improve the European Leo Movement.

## DL

DL is the abbreviation for Delegation Leader, who is responsible to bridge the gap between the participants of each country and the Orgateam. Each delegation has its DL and they are the ones who receive all important information during LEF, during the DL



meetings. This way, in case you need any information, you can contact your DL or a member of the Orgateam directly.

## LEF CONSTITUTION

The LEF constitution is the framework for organizing and participating in the Leo Europa Forum. It contains all the LEF principles, rules and guidelines. The Constitution can be changed every year through motions presented by the Delegation Leaders.

## OPENING AND CLOSING CEREMONIES

The Opening and Closing Ceremonies happen at the beginning and end of every LEF. They are the most formal events during the week.

The Opening Ceremony starts with a flag parade and the anthem of each country. You will be able to get more information about LEF and also get to know more people involved in Leos at an international level.

## NEWCOMERS WORKSHOP

Every year the LEF Orgateam provides newcomers with a workshop, so they can “break the ice” and get to know more tips and tricks given by more experienced Leos about Leo Europa Forum. At LEF 2019, this workshop will be presented by three Leos who have attended a lot of LEFs regularly in the past.

## POC

POC means “Presentation of the countries” and is divided into two different moments: the serious and the fun POC.

The serious POC gives the opportunity to different countries of presenting their most important and innovative social activities.

In a more cultural and gastronomic way, fun POC makes it possible for delegations to show their national dishes and drinks. Can you imagine a funnier way to know other cultures?



## BREAKFAST CLUB

Would you like to stay up all night and watch the sunrise next to the beach with some of your new Leo friends? Then you will become part of the breakfast club, which means partying all night and staying awake until the breakfast is served.

## 7UP CLUB

To the 7up Club belong the Leos that attended more than 7 LEFs. They will give you the newcomers workshop and show their dance skills during the Gala Night - stay tuned ;)

## GALA NIGHT

The Gala Night is organized in a beautiful and charming place, which will be a surprise for every LEF 2019 participant. However, you can expect a night full of fun, surprises, glamour and a beautiful view. It will be, for sure, one of LEF's best moments.

## THEMED PARTIES

LEF will give you great opportunities, namely to know how Leos work in different countries. However, you will also have time to celebrate and have fun with your Leo friends.

During LEF 2019, you will be celebrating with the following themed parties:

- Saturday, August 3 - White Party
- Sunday, August 4 - Fun POC
- Monday, August 5 - College Party
- Tuesday, August 6 – Typical Portuguese Party
- Wednesday, August 7 - Under the Sea Party
- Thursday, August 8 - Gala Night
- Friday, August 9 - LEF 2020 Party - #BacktotheRomans



## COIN SYSTEM AT THE HOTEL PARTIES

To make everyone's use of the Bar during LEF's parties more efficient, there will be a special coin system for payment of drinks. You shall buy plastic coins in LID, each with a face value of 2 euros, and then use these to get your drinks at the bar.

## CUPS FOR THE PARTIES

The cups in LEF 2019 will be reusable so that our event is environmentally friendly and in line with our goals of the Leo4green. You will be given a cup with your LEF Kit. If you happen to lose or break your cup you can buy a new one at LID for the price of 2 euros.

## WORKSHOPS (SERIOUS AND FUN)

Every LEF has workshops in which participants are invited to develop new skills which may be useful in their personal and Leo future. As in the case of the POC, there are both serious and fun workshops. Fun workshops include cultural activities, or games. Contrarily, serious workshops have the goal of developing skills that can be useful within the Leo movement.

## OPORTO VISIT

During this day, you will have the opportunity to know the second-largest city of Portugal, with a varied program that includes cultural and gastronomic activities.

## SOCIAL ACTIVITY

A LEF would not be the same without a charity activity. This year, you will have the chance to rehabilitate the facilities of two social institutions in Póvoa de Varzim, where children in need spend most of their time. This is always a very emotional and rewarding moment lived with your international LEO friends by your side.



## DETAILED PROGRAM DOCUMENT

On this document, available on [www.lef2019.org](http://www.lef2019.org), you can find an overview of each day of the week, as well as the LEF 2019 schedule. Be sure to check it before your arrival and also during the week, so you are always prepared for the activities.

## WHAT TO BRING DOCUMENT

If you are not sure about what to pack for the week, be sure to check the What to Bring Document, also available on [www.lef2019.org](http://www.lef2019.org).